



Anti-Racism Audit for Allies

Hey Allies! Spend a few minutes answering the following questions so you have a clearer idea of where you stand in the anti-racism fight. If you plan to ask a friend of color to help you through this exercise, be sure to ask them first if they have the emotional currency to spend walking through this with you.* Reflect on your answers and keep them handy for the next video in this series.

1. How long have you been actively working towards anti-racism in your life?
2. If anti-racism hasn't been the norm your entire life, what was the catalyst for your change of mind and heart?
3. Think about your answer to question two. Perhaps anti-racism is new for you. Maybe you've been on this road for quite a long time. Either way, when it became it priority for you, why then? Why not before?
4. Spend one minute listing the actions you have taken for a more equitable country/world in the past 12 weeks. Time yourself.
5. Are there biases you know you hold, but you're not ready to face them yet?
6. If you have a trusted friend of another ethnicity who has the energy to talk about this with you, ask them what they see as your strong suits in the movement towards equity and where you still have room to improve.*
7. What do you believe are the three most powerful actions you can take right now to work towards a more equitable tomorrow?
8. What questions about this topic do you feel you cannot get a straight answer for, if any?